**The 5 Minute Clinical Instructor**

**Constructive interactions with your students in 5 minutes**

5 total steps. 1 minute per step.

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| **Step 1:**  **Get a Commitment**  *Before a session:*   * Based on the patient’s problems and anticipated presentation, what goals does the student want to address today? * How does the student plan to address these PT’s goals for the patient? * What goals does the student have for carrying out today’s treatment? * Where is the patient in his rehab / recovery? Has he met goals? Based on that, what do you want to do next?   *After a session:*   * How did your session go? Did you accomplish what you wanted to accomplish? * What do you plan to do next time? | **Step 2:**  **Probe for Supporting Evidence**  *Before a session:*   * How did you arrive at the choices / decisions for care that you did? * What evidence did you use to support your decisions? * What other choices did you consider?   *After a session:*   * How do you know whether your treatment was successful? * If your treatment wasn’t as successful as you had hoped, where do you think it failed and what caused it to be less successful than anticipated? * Based on your knowledge, how will you modify next time to make it more successful? | **Step 3:**  **Reinforce What was Correct**  *Before & after a session:*   * Give positive, constructive feedback * Focus on specific behaviors the student can repeat consistently * Be specific | **Step 4:**  **Correct Mistakes**  *Before & after a session:*   * Provide feedback as soon after the event as possible * Include student self-assessment / ask student what other ideas they may have or what they could have done differently * Focus on preventing or correcting the mistake | **Step 5:**  **Take Home Lessons**  *Before & after a session:*   * In general, what do you want the student to know about their choices, thought process, performance? * What can the student do to be more prepared / have better understanding next time? * What did the student miss that you would like them to remember next time? * What did the student do well that you want to encourage the student to continue? |