**The 5 Minute Clinical Instructor**

**Constructive interactions with your students in 5 minutes**

5 total steps. 1 minute per step.

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| **Step 1:****Get a Commitment***Before a session:** Based on the patient’s problems and anticipated presentation, what goals does the student want to address today?
* How does the student plan to address these PT’s goals for the patient?
* What goals does the student have for carrying out today’s treatment?
* Where is the patient in his rehab / recovery? Has he met goals? Based on that, what do you want to do next?

*After a session:** How did your session go? Did you accomplish what you wanted to accomplish?
* What do you plan to do next time?
 | **Step 2:****Probe for Supporting Evidence***Before a session:** How did you arrive at the choices / decisions for care that you did?
* What evidence did you use to support your decisions?
* What other choices did you consider?

*After a session:** How do you know whether your treatment was successful?
* If your treatment wasn’t as successful as you had hoped, where do you think it failed and what caused it to be less successful than anticipated?
* Based on your knowledge, how will you modify next time to make it more successful?
 | **Step 3:****Reinforce What was Correct***Before & after a session:** Give positive, constructive feedback
* Focus on specific behaviors the student can repeat consistently
* Be specific
 | **Step 4:****Correct Mistakes***Before & after a session:** Provide feedback as soon after the event as possible
* Include student self-assessment / ask student what other ideas they may have or what they could have done differently
* Focus on preventing or correcting the mistake
 | **Step 5:****Take Home Lessons***Before & after a session:** In general, what do you want the student to know about their choices, thought process, performance?
* What can the student do to be more prepared / have better understanding next time?
* What did the student miss that you would like them to remember next time?
* What did the student do well that you want to encourage the student to continue?
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