In the numbered spaces, write F for fragment, R for run-on, or C for correct. [5 points each; 100 points possible]

1 ___ In The Magic of Thinking Big, Dr. D. J. Schwartz presents many good ideas for becoming successful. 2 ___ He believes one of the most important principles is that progress is made one step at a time. 3 ___ For example, he writes about a group of injured soldiers who faced a 140-mile trek through thick jungle, August heat, and monsoon rains to safety. 4 ___ Because many of the men had leg or foot injuries.

5 ___ At the beginning, they feared they could not walk 140 miles, and they were sure they would die in the jungle. 6 ___ Each day, however, they were determined to make it to the ridge, the next river crossing and village. 7 ___ Which is all they really had to do to eventually make it to safety. 8 ___ The soldiers concentrated on a daily goal, they were successful.

9 ___ The step-by-step method will work on the job and at school, furthermore, Dr. Schwartz thinks it is a good formula for quitting smoking. 10 ___ Instead of trying to
reach the goal just by deciding never to smoke again. 11 ___ The smoker resolves not to
smoke for another hour, when the hour is up, he aims to make it the next hour without
smoking. 12 ___ Later, the time is extended to two hours, half a day, and then a day until
the goal is reached. 13 ___ In contrast, the person who wants freedom from the habit all
at once usually fails. 14 ___ Since the challenge to quit becomes too difficult
15 ___ Reaching any worthwhile goal, however difficult it may seem. 16 ___ Requires a
step-by-step method and a determination to carry out the steps one by one.

17 ___ Finally, there is the Dr. Schwartz’ 10 day improvement plan.

18 ___ Which begins with the writing of a “to do” list, a list that can include habits to
change, goals to accomplish, etc. 19 ___ After 30 days, the person reviews the list,
he/she makes a new one to work on for the next month. 20 ___ Trying to make progress
day by day and month by month is, according to Dr. Schwartz, the sensible way to
success.