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| --- | --- | --- | --- | --- |
| **PT GOAL** | **Components of the Goal (i.e. abilities required prior to meeting goal)** | **Factors to Consider in Creating Appropriate Activities** | **Activity Selection for Each Component (Create at least 2-3 activities per component)** | **Appropriate Progression(s) for Each Activity Listed** |
|  |  |  |  |  |

**BREAKING DOWN GOALS TO CREATE EFFECTIVE TREATMENTS**