

Center for Student Success



Conquering the Obstacles that Prevent the attainment of your Educational goals

All workshops are 12:00 noon – 1:00 p.m.
Building 2, Room 2334, Dayton Campus

Winter Term 2012



Learn to Learn / Study Skills

January 18, 2012

**Presenter: Debra Fazio, Adjunct Faculty
Academic Foundations**

Every student needs to learn how to learn.
Techniques for improving memory & learn the
different types of learning styles.

Organizational Management

January 25, 2012

**Presenter: Dr. Holly-Brown Wright
Manager, Disability & Tutorial Services**

Learn to assess where time goes and make
decisions on how to organize your life.

Emotional Intelligence

February 8, 2012

**Presenter: Patrick Fleming, Advisor
Student Leadership Development Office**

Emotional intelligence will have a tremendous
impact on your success as a student!

Stress Management

February 22, 2012

**Presenter: Eric Henderson, Counselor
Counseling Services Office**

Feeling overwhelmed? Stressed out? Learn tips
to balance your life and manage stress.

Critical Thinking

February 29, 2012

**Presenter: Cindy Warner, Academic Coach
Center for Student Success**

The quality of our lives is shaped by our
thinking. Are your thoughts working for or
against you? Learn to recognize faulty thinking.

Test Taking Strategies

March 7, 2012

**Presenter: Heather Whitaker, Adjunct
Faculty, Academic Foundations**

Strategies to help prepare you when it comes to
taking those final exams!

For More Information

Anthony Webb, Counseling Services, Dayton Campus
Building 10, Room 10424, (937) 512-3032
www.sinclair.edu/support/counseling



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