

Sinclair Community College
444 West Third Street
Dayton, Ohio 45402

Applicant Information Packet

Mental Health Technology

Building 9, Room 9217
(937) 512-2845

Programs in the Mental Health Technology Department Associate of Applied Science Degree:

- **Mental Health Technology (MHT.AAS)**
- **Chemical Dependency (MHTCD.AAS)**

Certificates in the Mental Health Technology Department:

- **Activity Programming Certificate (ACP.STC)**
- **Chemical Dependency Certificate (must have a degree in human services field prior to obtaining this certificate). (CDC.STC)**

ADMISSION REQUIREMENTS / CHECK LIST

- Step 1 _____ Apply to Sinclair Community College. This must be done before applying to the MHT program. Paper applications are available in the Admissions office, building 10, 1st floor or via the web at <http://www.sinclair.edu/admissions/Application/>.
- Step 2 _____ Apply to the MHT program by completing a Life & Health Sciences application, which can be found at: <http://www.sinclair.edu/academics/lhs/index.cfm>.
- Step 3 _____ If you have transferable college credit, request your “official” transcripts from previous college(s) to be sent directly to Sinclair Community College, Registration & Student Records, 444 West Third Street, Dayton OH 45402-1460.
- Step 4 _____ If you do not have transferable college credit in English Composition and/or mathematics, take the Sinclair Community College’s Accuplacer Placement Test in reading, writing and mathematics. More information on this test can be found at <http://www.sinclair.edu/stservices/enrl/testing/accfag/index.cfm> or by calling 937-512-3000 or 800-315-3000.
- Step 5 _____ Complete an academic advising consultation with a Life & Health Sciences Academic Advisor located in room 11-346. Walk-in sessions are available daily. More information is available by calling (937) 512-3700 or (800) 512-3700 or on their website at: <http://www.sinclair.edu/services/advising/>.
- Step 6 _____ Complete developmental courses, if any, resulting from Placement Test Scores.
- Step 7 _____ Program specific requirements:
_____ Must have completed science courses within last ten years.
- Step 8 _____ Complete program prerequisites:
- Step 9 _____ Maintain a minimum of 2.0 cumulative GPA.

Dear Mental Health Technology Applicant:

We have three entry points into the MHT program; fall, winter and spring quarters. All mental health classes are offered in both day and evening sections. You may attend full-time or part-time. Some courses are available one time during the year, so it is important that you meet with your faculty advisor every quarter prior to registration. We are delighted that you have chosen a career in human services. The student has the option of pursuing a mental health technology or chemical dependency degree. The first year of these degrees is very similar. We look forward to working with you as you pursue your educational goals.

If you do not have any transfer credit in math or English from another college(s), you must take the Placement Test in math, reading and English. If you do test into any of the developmental courses, you must take those courses and complete with a passing grade prior to beginning the Mental Health Technology curriculum. **If you test into DEV 110, you must take it prior to registering for MHT 101, Introduction to Mental Health.** We strongly encourage new students to enroll in the SCC 101 Student Success course. If you have any questions regarding the Placement Test or applying to the college, you may contact the Life and Health Sciences Advisors' Office at (937) 512-3700.

After enrolling for MHT 101, Introduction to Mental Health, you will be required to schedule an appointment for an informational interview with one of the MHT faculty if you choose to pursue the degree. The purpose of the interview is to answer any questions you may have about the program. The faculty member will also provide you with academic advice and be assigned as your faculty advisor while pursuing the degree.

We are delighted that you have chosen a career in mental health, chemical dependency counseling, or human services. We look forward to working with you as you pursue your educational goals.

Sincerely,

Linda Mowrey
Chairperson
Mental Health Technology Program

**Sinclair Community College
Mental Health Technology
Fact Sheet**

1. **How long is the training?**
A full-time student can complete the seven quarters of training in two years. Part-time students take 3-5 years to complete the program.
2. **What form does the training take?**
Training methods include classroom work, laboratory experiences and over 600 hours of clinical experience in various human service agencies.
3. **Is this a degree program?**
Yes. Graduates receive an Associate of Applied Science degree in Mental Health Technology or in Chemical Dependency.
4. **What subjects are studied?**
Courses may be classified as either "support" courses or "technical" courses. Support courses include Psychology, Sociology, English Composition, Government, Communication, and Biology. Technical courses include Social Casework, Group Dynamics, Substance Use Disorders, and Family Dynamics.
5. **Can I go on for a four year degree?**
Yes. All credits earned are transferable toward a four year degree. There may be some exceptions depending on the college and program you select when you transfer.
6. **What are the admission requirements?**
 - a. High school diploma or G.E.D.
 - b. Placement Test in Math, Reading and English (some students may not be required to take the testing if they have certain transfer credit from another college).
 - c. A "C" (2.0 GPA) or better in previous college work.
7. **What will the program cost the student?**

Tuition:	Montgomery County Resident.....	\$45.00 per cr. hr.
	Other Ohio Residents.....	\$73.50 per cr. hr.
	Application Fee (one time only).....	\$20.00

(The M.H.T. Program requires approximately 104 credit hours)
8. **Is there financial aid available?**
Yes, there are a variety of financial aid opportunities available for qualifying students. Students should contact the Financial Aid Office at (937) 512-2765.

Is a Career in Mental Health or Chemical Dependency Right for You?

By checking the boxes to the questions below, find out if you have the personal qualities shared by many professional helpers.

	YES	NO
Do others tell you that you are a good listener?	<input type="checkbox"/>	<input type="checkbox"/>
Do you believe that it's healthy to cry?	<input type="checkbox"/>	<input type="checkbox"/>
Can you understand other persons' feelings and viewpoints?	<input type="checkbox"/>	<input type="checkbox"/>
Do you respect people who are different from you?	<input type="checkbox"/>	<input type="checkbox"/>
Do you talk with friends or family members about your problems?	<input type="checkbox"/>	<input type="checkbox"/>
When you have a problem, do you take positive action to resolve it?	<input type="checkbox"/>	<input type="checkbox"/>
Do you trust your own ability to resolve your problems?	<input type="checkbox"/>	<input type="checkbox"/>
Do you set and accomplish goals for yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do you take time to think about your life and your problems, such as keeping a diary or journal?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a positive attitude towards yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do people seek you out to discuss personal problems?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have concerns about people who are mentally ill or addicted?	<input type="checkbox"/>	<input type="checkbox"/>
Do you go out of your way to help others?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel a strong desire to make a contribution to the disadvantaged population?	<input type="checkbox"/>	<input type="checkbox"/>
Is personal fulfillment more important than being wealthy?	<input type="checkbox"/>	<input type="checkbox"/>

If you checked many YES boxes, you have the personal qualities of many professional helpers. You may want to consider a career as a professional helper, social worker, or counselor. Contact the Mental Health Technology Department of Sinclair Community College at (937) 512-2845 to get further information about applying to a program for training professional helpers.

Associate of Applied Science Degree Mental Health Technology

Name _____
 Student ID _____
 Advisor _____

DEV 065 Developmental Reading 4 Cr. Hrs. _____
 DEV 075 Fund. of English and DEV 110 4 Cr. Hrs. _____
 DEV 085 Math Essentials 4 Cr. Hrs. _____

FIRST YEAR

	<u>Cr. Hrs.</u>	<u>Grade</u>
<u>Fall Quarter</u>		
ENG 111 English Composition I	3	_____
PSY 121 General Psychology I	3	_____
SOC 111 General Sociology I	3	_____
ALH 104 Health Informatics (1 lecture, 2 lab hrs.)	2	_____
MHT 101 Introduction to Mental Health	3	_____

<u>Winter Quarter</u>		
ENG 112 English Composition II	3	_____
PSY 122 General Psychology II	3	_____
ALH 103 Introduction to Healthcare Delivery	3	_____
MAT 105 Business Math	4	_____
(MHT 101 Introduction to Mental Health) (If not taken Fall Quarter)		_____

<u>Spring Quarter</u>		
<i>MHT 115 Social Casework</i>	3	_____
MHT 126 Intro. to Substance Use Disorders	4	_____
BIO 107 Human Biology (4 lecture, 2 lab hrs.)	5	_____
MHT 201 Interviewing and Assessment (3 lecture, 1 lab hr.)	4	_____

<u>Summer Quarter</u>		
COM 206 Interpersonal Communication	3	_____
PSY 160 African American Psychology (or equivalent)	3	_____
PSY 208 Life Span Development	5	_____
_____ Humanities Elective	3	_____
PSY 217 Abnormal Psychology	4	_____
(MHT 201 Interviewing and Assessment) (If not taken Spring Quarter)		_____

SECOND YEAR

<u>Fall Quarter</u>		
<i>MHT 211 Group Dynamics I</i> (2 lecture, 2 lab hrs.)	3	_____
<i>MHT 205 Psychosocial Interventions</i> (Prereq. PSY 217)	3	_____
<i>MHT 202 Practicum I</i> (4 lecture, 16 lab hrs.)	5	_____
_____ MHT Elective	3	_____

<u>Winter Quarter</u>		
<i>MHT 212 Group Dynamics II</i> (2 lecture, 2 lab hrs.)	3	_____
<i>MHT 203 Practicum II</i> (4 lecture, 16 lab hrs.)	5	_____
<i>MHT 245 Mental Health and the Family</i>	4	_____
_____ Career Related Elective	3	_____

<u>Spring Quarter</u>		
<i>MHT 213 Group Dynamics III</i> (2 lecture, 2 lab hrs.)	3	_____
SOC 205 Social Problems	4	_____
MHT 239 (prereq. MHT 126) OR MHT 206	3	_____
<i>MHT 204 Practicum III</i> (4 lecture, 16 lab hrs.)	5	_____

Total 104 cr. hrs. *Those courses in italics & bolded must be taken in quarter shown.* Rev 6/09

**Associate of Applied Science Degree
Mental Health Technology
Chemical Dependency**

Name _____
Student ID _____
Advisor _____

DEV 065 Developmental Reading	4 Cr. Hrs.	_____
DEV 075 Fund. of English and DEV 110	4 Cr. Hrs.	_____
DEV 085 Math Essentials	4 Cr. Hrs.	_____

	<u>Cr. Hrs.</u>	<u>Grade</u>
<u>Fall Quarter</u>		
ENG 111 English Composition I	3	_____
PSY 121 General Psychology I	3	_____
SOC 111 General Sociology I	3	_____
ALH 104 Health Informatics (1 lecture, 2 lab hrs.)	2	_____
MHT 101 Introduction to Mental Health	3	_____
MHT 123 Street Drug Actions	1	_____

<u>Winter Quarter</u>		
ENG 112 English Composition II	3	_____
PSY 122 General Psychology II	3	_____
ALH 103 Introduction to Healthcare Delivery	3	_____
MHT 126 Intro. to Substance Use Disorders	4	_____
MAT 105 Business Math	4	_____
(MHT 101 Introduction to Mental Health) (If not taken Fall Quarter)		_____

<u>Spring Quarter</u>		
PSY 217 Abnormal Psychology	4	_____
BIO 107 Human Biology	5	_____
MHT 201 Interviewing and Assessment (See advisor)	4	_____
<i>MHT 115 Social Casework</i>	3	_____

<u>Summer Quarter</u>		
COM 206 Interpersonal Communication	3	_____
PSY 160 African American Psychology (or equivalent)	3	_____
PSY 208 Life Span Development	5	_____
_____ Humanities Elective	3	_____
(MHT 201 Interviewing and Assessment) (If not taken Spring Quarter)		_____

<u>Fall Quarter</u>		
<i>MHT 211 Group Dynamics I (2 lecture, 2 lab hrs.)</i>	3	_____
<i>MHT 205 Psychosocial Interventions (Prereq. PSY 217)</i>	3	_____
<i>MHT 202 Practicum I (4 lecture, 16 lab hrs.)</i>	5	_____
<i>MHT 235 Family Dynamics of Addiction</i>	4	_____

<u>Winter Quarter</u>		
<i>MHT 212 Group Dynamics II (2 lecture, 2 lab hrs.)</i>	3	_____
<i>MHT 209 Treatment Planning</i>	2	_____
<i>MHT 236 Assessment & Diagnosis of CD</i>	4	_____
<i>MHT 203 Practicum II (4 lecture, 16 lab hrs.)</i>	5	_____
<i>MHT 139 Substance Abuse Prevention</i>	1	_____

<u>Spring Quarter</u>		
<i>MHT 213 Group Dynamics III (2 lecture, 2 lab hrs.)</i>	3	_____
<i>MHT 237 Treatment Techniques: Addiction</i>	4	_____
<i>MHT 204 Practicum III</i>	5	_____
<i>MHT 238 Ethical Issues in Behavioral Healthcare</i>	3	_____
<i>MHT 204 Practicum III (4 lecture, 16 lab hrs.)</i>	5	_____

Total 107 cr. hrs. (2 of 3 practicums must be in addictions) (You must receive at least a "C" grade in all of the above courses)
Those courses in italics must be taken in quarter shown. PLEASE NOTE: MHT 126 is a pre-req. for MHT 235, 236, 237, 238, 239.



Sinclair Community College Mental Health Technology

What is an MHT?

A Mental Health Technician is a trained, beginning professional human service worker who, as a member of a team, works directly with clients in a variety of settings under the supervision of professional personnel.

Job Functions

- Mental health technicians work directly with a diverse group of clients of all ages including:
- individuals with chronic mental and emotional problems
- people in crisis
- persons with alcohol and drug addictions
- homeless families
- children with behavioral problems
- mentally retarded persons and those with developmental delays
- survivors of abuse and domestic violence
- people who are incarcerated
- the elderly

Under the supervision of senior staff members, Mental Health Technicians may be engaged in a broad range of activities. These activities include:

- client interviewing
- problem centered counseling
- crisis management
- chemical dependency counseling
- data gathering and report writing
- behavioral observation and observation
- treatment planning
- referral
- group leadership
- client advocacy
- case management
- activity and recreation therapy
- crisis intervention
- community education

Additional information about job functions can be found on these web sites:
National Organization for Human Service Education
Council for Standards in Human Service Education

Career Opportunities

Employment opportunities for M.H.T.'s can be found in community mental health programs, substance abuse agencies, youth programs, half-way houses, senior citizen programs, psychiatric treatment centers, and a variety of non-traditional human service agencies.

Job titles for graduates include: case manager, crisis counselor, job coach, prevention specialist, habilitation specialist, activity director, mental health technician, therapeutic program worker, and child advocate.

Licensure and Certification

Under Ohio law, graduates of the MHT program qualify for registration as Social Work Assistants (SWA) through the Counselor and Social Worker Board of the State of Ohio. Graduates also qualify for credentialing by the Ohio Department of Alcohol and Drug Addiction Services.

Basic Facts about the MHT Program

We began in September 1967 under a grant from the National Institute of Mental Health (NIMH) as a joint venture between Sinclair Community College and the State of Ohio, Department of Mental Hygiene and Corrections (now ODMH - Ohio Department of Mental Health).

Future Planning for Chemical Dependency Graduates

Job Titles of Graduates

- Primary Counselor
- Case Manager
- Program Specialist

Community Employers

Daymont Behavioral Healthcare
Community Alcohol and Drug
Addiction Services (CADAS)

State Certificates: Chemical Dependency Counseling Assistant, Ohio Chemical Dependency Professionals Board. Meets educational requirements for Licensed Chemical Dependency Counselor II. (There is also a work experience and state exam necessary to achieve license.) <http://ocdp.ohio.gov/>

Employment Projections

Projections data from the National Employment Matrix

Occupational Title	SOC Code	Employment 2006	Projected employment 2016	Change, 2006-16 Number/Percent
Counselors	210-1010	635,000	771,000	136,000/21
Substance abuse and behavioral disorder counselors	21-1011	83,000	112,000	29,000/34

Transfer to Bachelor Degree Programs

University of Cincinnati Addictions Studies
Wright State University, University of Cincinnati and Capital University
Departments of Social Work.
Wright State University Department of Rehabilitation Counseling
Urbana University Social Services and Criminal Justice Departments

Median annual earnings in May 2006 were \$34,040.

Visit the Mental Health Technology Web Site at:
<http://www.Sinclair.edu/departments/mht/>

Getting Started in Life and Health Sciences

- If you are not already a Sinclair student, you must apply to the college:
<http://www.sinclair.edu/admissions/Application//>
- Once the college application is complete, apply to the program/s of your choice:
http://www.sinclair.edu/academics/lhs/pub/lhs_form.cfm
- Next, download the program application packet from the department's website:
<http://www.sinclair.edu/academics/lhs/index.cfm>
- Follow the steps in the application packet to become eligible for your program.
- If you have questions about this process, please call 512-2919.