

Applicant Information Packet

Department of Human Services and Behavioral Health (H.S.B.H.)

Building 9, Room 217
(937) 512-2845
(800) 315-3000

Programs in the Department of Human Services and Behavioral Health Associate of Applied Science Degree:

- Mental Health Technology (MHT.AAS)
- Chemical Dependency (MHTCD.AAS)

Certificates in the Department of Human Services and Behavioral Health Department:

- Activity Programming Certificate (ACP.STC)
- Chemical Dependency Certificate (must have a degree in human services field prior to obtaining this certificate). (CDC.STC)

Dear Prospective Mental Health Technology Student:

This packet contains the following information for your review:

1. Application process checklist
2. Welcome letter from chairperson
3. Fact Sheet
4. MHT.AAS Curriculum Sheet
5. MHTCD.AAS Curriculum Sheet
6. Getting Started



ADMISSION REQUIREMENTS / CHECK LIST

- Step 1 _____ Apply to Sinclair Community College. This must be done before applying to a program in HSBH. Paper applications are available in the Admissions office, building 10, 1st floor or via the web at <http://www.sinclair.edu/admissions/Application/>.
- Step 2 _____ Apply to the program by completing a Life & Health Sciences application, which can be found at: <http://www.sinclair.edu/academics/lhs/index.cfm>.
- Step 3 _____ If you have transferable college credit, request your "official" transcripts from previous college(s) to be sent directly to Sinclair Community College, Registration & Student Records, 444 West Third Street, Dayton OH 45402-1460.
- Step 4 _____ If you do not have transferable college credit in English Composition and/or mathematics, take the Sinclair Community College's Accuplacer Placement Test in reading, writing and mathematics. More information on this test can be found at <http://www.sinclair.edu/stservices/enrl/testing/acfaq/index.cfm> or by calling 937-512-3000 or 800-315-3000.
- Step 5 _____ Complete an academic advising consultation with a Life & Health Sciences Academic Advisor located in room 11-346. Walk-in sessions are available daily. More information is available by calling (937) 512-3700 or (800) 512-3700 or on their website at: <http://www.sinclair.edu/services/advising/>.
- Step 6 _____ Complete developmental courses, if any, resulting from Placement Test Scores.
- Step 7 _____ Program specific requirements:
_____ Must have completed science courses within last ten years.
- Step 8 _____ Complete program prerequisites:
- Step 9 _____ Maintain a minimum of 2.0 cumulative GPA.

Dear Human Services and Behavioral Health Applicant:

We have two entry points into the Associate Degree programs; fall and spring terms. All mental health classes are offered in both day and evening sections. You may attend full-time or part-time. The majority of the technical courses are available one time during the year, so it is important that you meet with an academic advisor every term prior to registration. The student has the option of pursuing a mental health technology or chemical dependency degree. The first year of these degrees is very similar.

If you do not have any transfer credit in math or English from another college(s), you must take the Placement Test in math, reading and English. If you do test into any of the developmental courses, you must take those courses and complete with a passing grade prior to beginning the Mental Health Technology/Chemical Dependency curriculum. **If you test into DEV 110, you must take it prior to registering for MHT 1101, Introduction to Human Services and Behavioral Health.** If you have any questions regarding the Placement Test or applying to the college, you may contact the Central Advising department by calling (937) 512-3700.

Please be sure to meet with an academic counselor in Central Advising (937) 512-3700. They will be your advising resource until you have obtained 60 credit hours towards MHT or are enrolled in MHT 1201. Ask the counselor to develop a "MAP" for you. This is an advising tool that will assist you in determining the appropriate courses to take each term. We are delighted that you have chosen a career in mental health, chemical dependency counseling, or human services. We look forward to working with you as you pursue your educational goals.

Sincerely,

Linda Mowrey
Chairperson
Human Services and Behavioral Health

Sinclair Community College
Department of Human Services & Behavioral Health
Mental Health Technology/Chemical Dependency
Fact Sheet

1. **How long is the training?**
A full-time student can complete the 5 semesters of training in two years. Part-time students take 3-5 years to complete the program.
2. **What form does the training take?**
Training methods include classroom work, laboratory experiences and over 600 hours of clinical experience in various human service agencies.
3. **Is this a degree program?**
Yes. Graduates receive an Associate of Applied Science degree in Mental Health Technology/Chemical Dependency.
4. **What subjects are studied?**
Courses may be classified as either "support" courses or "technical" courses. Support courses include Psychology, Sociology, English Composition, Government, Communication, and Biology. Technical courses include Social Casework, Group Dynamics, Substance Use Disorders, and Family Dynamics.
5. **Can I go on for a four year degree?**
Yes. All credits earned are transferable toward a four year degree. There may be some exceptions depending on the college and program you select when you transfer.
6. **What are the admission requirements?**
 - a. High school diploma or G.E.D.
 - b. Placement Test in Math, Reading and English (some students may not be required to take the testing if they have certain transfer credit from another college).
 - c. A "C" (2.0 GPA) or better in previous college work.
7. **What will the program cost the student?**

Tuition:	Montgomery County Resident taking 12 credit hours:	\$1054.80
	Other Ohio Residents taking 12 credit hours:	\$1621.80
	Out-of-State International Resident taking 12 credit hours:	\$3016.80

The M.H.T. Program requires approximately 70 credit hours. The Chemical Dependency Program requires approximately 73 credit hours.
8. **Is there financial aid available?**
Yes, there are a variety of financial aid opportunities available for qualifying students. Students should contact the Financial Aid Office at (937) 512-2765.

Is a Career in Mental Health or Chemical Dependency Right for You?

By checking the boxes to the questions below, find out if you have the personal qualities shared by many professional helpers.

	YES	NO
Do others tell you that you are a good listener?	<input type="checkbox"/>	<input type="checkbox"/>
Do you believe that it's healthy to cry?	<input type="checkbox"/>	<input type="checkbox"/>
Can you understand other persons' feelings and viewpoints?	<input type="checkbox"/>	<input type="checkbox"/>
Do you respect people who are different from you?	<input type="checkbox"/>	<input type="checkbox"/>
Do you talk with friends or family members about your problems?	<input type="checkbox"/>	<input type="checkbox"/>
When you have a problem, do you take positive action to resolve it?	<input type="checkbox"/>	<input type="checkbox"/>
Do you trust your own ability to resolve your problems?	<input type="checkbox"/>	<input type="checkbox"/>
Do you set and accomplish goals for yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do you take time to think about your life and your problems, such as keeping a diary or journal?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a positive attitude towards yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do people seek you out to discuss personal problems?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have concerns about people who are mentally ill or addicted?	<input type="checkbox"/>	<input type="checkbox"/>
Do you go out of your way to help others?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel a strong desire to make a contribution to the disadvantaged population?	<input type="checkbox"/>	<input type="checkbox"/>
Is personal fulfillment more important than being wealthy?	<input type="checkbox"/>	<input type="checkbox"/>

If you checked many YES boxes, you have the personal qualities of many professional helpers. You may want to consider a career as a professional helper, social worker, or counselor. Contact the Department of Human Services and Behavioral Health of Sinclair Community College at (937) 512-2845 to get further information about applying to a program for training professional helpers.

Sinclair Community College
Associate of Applied Science Degree
Mental Health Technology (MHT.AAS)

Name _____

Advisor _____

FIRST YEAR

	<u>Cr. Hrs.</u>	<u>Grade</u>
<u>Fall Semester (Semester 1)</u>		
ENG 1101 English Composition I	3	_____
PSY 1100 General Psychology	3	_____
SOC 1101 Introduction to Sociology	3	_____
ALH 1101 Introduction to Healthcare Delivery	2	_____
MHT 1101 Introduction to Human Services & Behavioral Health	2	_____
MHT 1130 Introduction to Addictive Illness	3	_____
TOTAL	16	

Spring Semester (Semester 2)

ENG 1201 English Composition II	3	_____
PSY 2217 Abnormal Psychology	3	_____
MHT 1200 Social Casework	2	_____
MHT 1201 Interviewing Skills	3	_____
MHT 1203 Professional Documentation	1	_____
MAT 1120 Business Math	3	_____
TOTAL	15	

Summer Semester (Semester 3)

_____ COM 2206 Interpersonal Com. or 2211 Effective Speaking OTM	3	_____
_____ HUM Humanities Elective OTM*	3	_____
BIO 1107 Human Biology	3	_____
_____ PSY 1160 African American Psychology or SWK 2207 Cultural Competence in a Diverse World or SOC 2215 Race and Ethnicity	3	_____
TOTAL	12	

SECOND YEAR**Fall Semester (Semester 4)**

MHT 2105 Psychosocial Methods	3	_____
MHT 2111 Group Dynamics I	3	_____
MHT 2121 Practicum in Human Services and Behavioral Health I	5	_____
_____ MHT Elective	3	_____
TOTAL	14	

Spring Semester (Semester 5)

MHT 2211 Group Dynamics II	3	_____
MHT 2222 Practicum in Human Services and Behavioral Health II	5	_____
MHT 2245 Mental Health and the Family	3	_____
_____ MHT 2232 Community Support or MHT 2239 Dual Diagnosis	2	_____
TOTAL	13	

TOTAL: 70 Semester Hours

Sinclair Community
Associate of Applied Science Degree
Mental Health Technology Chemical Dependency (MHT CD.AAS)

Name _____

Advisor _____

FIRST YEAR

	<u>Cr. Hrs.</u>	<u>Grade</u>
<u>Fall Semester (Semester 1)</u>		
ENG 1101 English Composition I	3	_____
PSY 1100 General Psychology	3	_____
SOC 1101 Introduction to Sociology	3	_____
ALH 1101 Introduction to Healthcare Delivery	2	_____
MHT 1101 Introduction to Human Services & Behavioral Health	2	_____
MHT 1130 Introduction to Addictive Illness	3	_____
TOTAL	16	

Spring Semester (Semester 2)

ENG 1201 English Composition II	3	_____
PSY 2217 Abnormal Psychology	3	_____
MHT 1200 Social Casework	2	_____
MHT 1201 Interviewing Skills	3	_____
MHT 1203 Professional Documentation	1	_____
MHT 1236 Assessment & Diagnosis of Substance Use Disorders	3	_____
TOTAL	15	

Summer Semester (Semester 3)

_____ COM 2206 Interpersonal Com. or 2211 Effective Speaking OTM	3	_____
_____ HUM Humanities Elective OTM*	3	_____
BIO 1107 Human Biology	3	_____
MAT 1120 Business Math	3	_____
TOTAL	12	

SECOND YEAR**Fall Semester (Semester 4)**

MHT 2105 Psychosocial Methods	3	_____
MHT 2111 Group Dynamics I	3	_____
MHT 2121 Practicum in Human Services and Behavioral Health I	5	_____
MHT 2137 Treatment Techniques in Substance Use Disorders	3	_____
MHT 2138 Ethical Issues in Behavioral Health	2	_____
TOTAL	16	

Spring Semester (Semester 5)

_____ PSY 1160 African American Psychology or SWK 2207 Cultural Competence in a Diverse World or SOC 2215 Race and Ethnicity	3	_____
MHT 2211 Group Dynamics II	3	_____
MHT 2222 Practicum in Human Services and Behavioral Health II	5	_____
MHT 2235 Family Dynamics of Addiction	3	_____
TOTAL	14	

TOTAL: 73 Semester Hours



Sinclair Community College Mental Health Technology

What is an MHT?

A Mental Health Technician is a trained, beginning professional human service worker who, as a member of a team, works directly with clients in a variety of settings under the supervision of professional personnel.

Job Functions

- Mental health technicians work directly with a diverse group of clients of all ages including:
 - individuals with chronic mental and emotional problems
 - people in crisis
 - persons with alcohol and drug addictions
 - homeless families
 - children with behavioral problems
 - mentally retarded persons and those with developmental delays
 - survivors of abuse and domestic violence
 - people who are incarcerated
 - the elderly

Under the supervision of senior staff members, Mental Health Technicians may be engaged in a broad range of activities. These activities include:

- client interviewing
- problem centered counseling
- crisis management
- chemical dependency counseling
- data gathering and report writing
- behavioral observation and observation
- treatment planning
- referral
- group leadership
- client advocacy
- case management
- activity and recreation therapy
- crisis intervention
- community education

Additional information about job functions can be found on these web sites:

National Organization for Human Services
Council for Standards in Human Service Education

Career Opportunities

Employment opportunities for M.H.T.'s can be found in community mental health programs, substance abuse agencies, youth programs, half-way houses, senior citizen programs, psychiatric treatment centers, and a variety of non-traditional human service agencies.

Job titles for graduates include: case manager, crisis counselor, job coach, prevention specialist, habilitation specialist, activity director, mental health technician, therapeutic program worker, and child advocate.

Licensure and Certification

Under Ohio law, graduates of the MHT and CD Associate of Applied Science programs qualify for registration as Social Work Assistants (SWA) through the Counselor and Social Worker Board of the State of Ohio. Graduates also qualify for CDCA by the Ohio Chemical Dependency Professionals Board. MHT/CD graduates meet the educational requirements for Licensed Chemical Dependency Counselor II. (There is also a work experience and state exam necessary to achieve license.) <http://ocdp.ohio.gov/>

Basic Facts about the MHT Program

We began in September 1967 under a grant from the National Institute of Mental Health (NIMH) as a joint venture between Sinclair Community College and the State of Ohio, Department of Mental Hygiene and Corrections (now ODMH - Ohio Department of Mental Health).

Employment Information (Occupational Outlook Handbook)

Quick Facts from Substance Abuse and Behavioral Disorder Counselors:

2010 Median Pay	\$38,120 per year , \$18.33 per hour
Number of Jobs, 2010	85,500
Job Outlook, 2010-20	27% (Faster than average)
Employment Change, 2010-20	23,400

Transfer to Bachelor Degree Programs

University of Cincinnati Addictions Studies
Wright State University, University of Cincinnati and Capital University
Departments of Social Work.
Wright State University Department of Rehabilitation Counseling
Urbana University Social Services and Criminal Justice Departments

Visit the HSBH Department Web Site at: <http://www.Sinclair.edu/departments/mht/>

Getting Started in Life and Health Sciences

- If you are not already a Sinclair student, you must apply to the college:
<http://www.sinclair.edu/admissions/Application//>
- Once the college application is complete, apply to the program/s of your choice:
http://www.sinclair.edu/academics/lhs/pub/lhs_form.cfm
- Next, download the program application packet from the department's website:
<http://www.sinclair.edu/academics/lhs/index.cfm>
- Follow the steps in the application packet to become eligible for your program.
- If you have questions about this process, please call 937-512-2845.