

## Applicant Information Packet

**Dietetics Technician Program  
Associate of Applied Science Degree  
Dietetics & Nutritional Management  
(DIT.AAS)**



Building 13, Room 426  
(937) 512-5168  
(800) 315-3000

### **Dear Prospective Dietetics Student:**

Thank you for your interest in applying for admission to the Dietetics Technician (DIT) Program. This packet of information contains the following:

1. Application Process Checklist
2. DT Program Curriculum
3. Estimated Cost of Program

Please contact the DIT program for specific information regarding enrollment dates or possible waiting lists. For additional information, please see our website at:

<http://www.sinclair.edu/academics/lhs/departments/dit/index.cfm>

## ADMISSION REQUIREMENTS / CHECK LIST



- Step 1 \_\_\_\_\_ Apply to Sinclair Community College. This must be done before applying to the Dietetics Technician (DIT) program. Paper applications are available in the Admissions office, building 10, 1<sup>st</sup> floor or via the web at <http://www.sinclair.edu/admissions/Application/>.
- Step 2 \_\_\_\_\_ Apply to the DIT program by completing a Life & Health Sciences application, which can be found at: <http://www.sinclair.edu/academics/lhs/index.cfm>.
- Step 3 \_\_\_\_\_ If you have transferable college credit, request your “official” transcripts from previous college(s) to be sent directly to Sinclair Community College, Registration & Student Records, 444 West Third Street, Dayton OH 45402-1460. A grade point average (GPA) of 2.0 or higher on a scale of 4.0 as shown in the college transcript (if applicable) is required for admission to the DIT Program. Any deficiency in this area should be made up prior to the formal acceptance to the DIT Program.
- Step 4 \_\_\_\_\_ If you do not have transferable college credit in English Composition and/or mathematics, take the Sinclair Community College’s Accuplacer Placement Test in reading, writing and mathematics. More information on this test can be found at <http://www.sinclair.edu/stservices/enrl/testing/accfag/index.cfm> or by calling 937-512-3000 or 800-315-3000.
- Step 5 \_\_\_\_\_ Complete an academic advising consultation with a Life & Health Sciences Academic Advisor located in room 11-346. Walk-in sessions are available daily. More information is available by calling (937) 512-3700 or (800) 512-3700 or on their website at: <http://www.sinclair.edu/services/advising/>.
- Step 6 \_\_\_\_\_ Complete developmental courses, if any, resulting from Placement Test Scores.
- Step 7 \_\_\_\_\_ Program specific requirements:
- \_\_\_\_\_ Acceptance Letter: A letter of acceptance to the DIT Program will be sent to you after ALL of the above requirements have been met.
- \_\_\_\_\_ Orientation: Once you have been accepted into the DIT program, you will be notified by letter of upcoming scheduled orientation sessions. Attendance at one of these sessions is mandatory to finalize the application process.
- \_\_\_\_\_ High School Transcripts: **This requirement applies only to those applicants who have taken high school chemistry within the last five years.** To verify completion of high school chemistry within the last five years, provide a copy of your high school transcript to the Dietetics Office, Building 13, Room 426. If a grade of “C” or better each semester for the school year was earned, non-course credit will be awarded for CHE 121/126 Introduction to Chemistry.
- \_\_\_\_\_ MAT 101 (No older than 5 years if taken prior to being admitted into program)
- \_\_\_\_\_ CHE 120 (No older than 5 years if taken prior to being admitted into

program)

\_\_\_\_\_ PSY 121 (No older than 5 years if taken prior to being admitted into program)

\_\_\_\_\_ SOC 111 (No older than 5 years if taken prior to being admitted into program)

Step 8 \_\_\_\_\_ Maintain a minimum of 2.0 cumulative GPA.

- You need to maintain a grade point average (GPA) of 2.0 or higher in all courses required in the DIT curriculum.
- All support and technical courses in the curriculum must be successfully completed with a grade of "C" or better.

Once again, thank you for your interest in the Dietetics Technician Program. Please contact the Dietetics Office at 937.512.2756, if you have questions regarding the admission process.

Sincerely,

**NORA SCHAEFER, M. Ed., R.D., L.D.**

Program Director/Professor  
Dietetics Technician Program  
Exercise, Nutrition & Sport Sciences  
Life & Health Sciences Division

**LIFE & HEALTH SCIENCES - DIETETIC TECHNOLOGY**

<b>First Quarter</b>			<b>Credits</b>	<b>Lecture</b>	<b>Lab</b>	<b>Per Wk</b>	<b>Per Qtr.</b>
DIT	109	Introduction to Dietetics	2	2			4*
DIT	112	Medical Terminology for DIT	2	2			
ALH	103	Intro to Health Care Delivery	3	3			
CHE	120	Introduction to Chemistry	4	3	2		
MAT	101	Elementary Algebra	4	4			
*Field trips			15	14	2		4*
<b>Second Quarter</b>							
DIT	129	Human Nutrition	5	5			
DIT	137	Food Sanitation and Safety	3	3			
ALH	104	Allied Health Informatics	2	2			
CHE	122	Introduction to Biochemistry	4	3	2		
HMT	101	Dine/Kitchen Orientation	2	2			
			16	15	2		
<b>Third Quarter</b>							
DIT	135	Nutrition in the Life Cycle	4	3		2	22
DIT	224	Community Nutrition	3	1		4	44
ENG	111	English Composition I	3	3			
HMT	112	Basic Food Preparation	5	2			
HMT	113	LAB FOR HMT 112			6		
			15	9	6	6	66
<b>Fourth Quarter</b>							
DIT	___	Elective	2	2			
COM	206	Interpersonal Communication	3	3			
ENG	112	English Composition II	3	3			
PSY	121	General Psychology	3	3			
HUM	___	Humanities Elective	3	3			
SOC	111	General Sociology I	3	3			
			17	17			
<b>Fifth Quarter</b>							
DIT	225	Education Methods & Materials	3	3			
DIT	208	Advanced Food Prep. & Internat. Cuisine	2	2			
DIT	209	LAB FOR DIT 208	2		4		
DIT	240	Food and Culture	2	1		2	16
DIT	221	Medical Nutrition Therapy I	3	3			
DIT	226	Dietetics Directed Practice I	4			8	88
DIT	200	Dining Assistant	1	1			
			17	10	4	10	104
<b>Sixth Quarter</b>							
DIT	216	Food Preparation and Dietary Service	4	4			
DIT	218	Directed Practice for DIT 216	3			6	66
DIT	219	Laboratory for DIT 216	1		2		
DIT	222	Medical Nutrition Therapy II	3	3			
DIT	227	Dietetics Directed Practice II	4			8	88
			15	7	2	14	154
<b>Seventh Quarter</b>							
DIT	236	Dietary Organization & Management	4	4			
DIT	237	Directed Practice for DIT 236	3			6	66
DIT	223	Medical Nutrition Therapy III	3	3			
DIT	228	Dietetics Directed Practice III	3			6	66
DIT	255	Dietetics Seminar	2	2			
<b>Total hours: Credit: 110 Directed practice: 456</b>			15	9		12	132

**LIFE & HEALTH SCIENCES - DIETETIC TECHNICIAN**

<b>First Semester (Fall)</b>			<b>Credits</b>	<b>Lecture</b>	<b>Lab</b>	<b>Per Wk</b>	<b>Per Sem.</b>
DIT	1105	Intro to Dietetics (109)	1	1			
DIT	1210	Medical Terminology (112)	1	1			
DIT	1525	Human Nutrition (129)	3	3			
HMT	1107	Food Safety & Sanitation (DIT 137)	2	2			
MAT	1110	Beginning Algebra	3	3			
CHE	1011	Introduction to Chemistry I	4	3			
CHE	1051	Lab for Introduction to Chemistry I			2		
			<b>14</b>	<b>13</b>	<b>2</b>	<b>0</b>	
<b>Second Semester (Spring)</b>							
DIT	1630	Nutrition in the Life Cycle (135)	3	2		2(15)	30
DIT	1635	Community Nutrition (224)	3	2		3(15)	45
HMT	1101	Basic Culinary Skills	3	1	4		
ENG	1101	English Composition I	3	3			
CHE	1021	Introduction to Chemistry II	4	3	2		
CHE	1061	Lab for Introduction to Chemistry II					
			<b>16</b>	<b>15</b>	<b>6</b>	<b>5</b>	<b>75</b>
<b>Third Semester (Summer)</b>							
HMT	1112	Food Principles and Basic Preparation	4	1	6		
ALH	1101	Introduction to Healthcare Delivery	2	2			
PSY	1100	General Psychology	3	3			
COM	2206	Interpersonal Communication	3	3			
			<b>12</b>	<b>9</b>	<b>6</b>	<b>0</b>	<b>0</b>
<b>Fourth Semester (Fall)</b>							
DIT	2240	Education Methods & Materials (225)	2	2			
DIT	2305	Food, Culture, & Cuisine (240/208/209)	3	2	2	1(15)	15
DIT	2510	Institutional Foodservice Systems (216)	3	3	0		
DIT	2515	Foodservice Practicum I (218)	1	0		5(14)	70
DIT	2520	Lab for Foodservice Systems (219)	1		2		
DIT	2625	Medical Nutrition Therapy I (221)	3	3			
DIT	2630	Medical Nutrition Therapy Practicum I (226)	3			8(15)	120
			<b>16</b>	<b>10</b>	<b>4</b>	<b>14</b>	<b>205</b>
<b>Fifth Semester (Spring)</b>							
HUM	_____	Humanities Elective	3	3			
DIT	_____	Dietetics Elective	1				
DIT	2735	FS Organization & Management (236)	3	3			
DIT	2740	Foodservice Practicum II (237)	1			5(14)	70
DIT	2845	Medical Nutrition Therapy II (222)	3	3			
DIT	2850	Medical Nutrition Therapy Practicum II (228)	3			8(15)	120
DIT	2855	Dietetics Seminar (255)	1	1			
			<b>15</b>	<b>10</b>	<b>0</b>	<b>11</b>	<b>190</b>
<b>TOTAL: 73 credits 470 practicum 18 lab</b>			<b>73</b>		<b>18</b>		<b>470</b>

## **ESTIMATED DT PROGRAM COSTS**

Information on the fees to attend Sinclair College is found in the College Catalog and the Bulletin. At present these are:

### **Fee per quarter credit:**

Montgomery County Residents	Ohio Residents	Out-of-State and International residents
\$45.00	\$73.50	\$145.00

### **Other fees may include:**

Application for Admission:	\$20.00
Late registration Fee	30.00
Graduation Ceremony	10.00
Transcript (each)	2.00
Transcript (same day)	7.00
Returned check penalty	25.00

**In addition to the above, the following approximate expenses may be incurred:**

Laboratory fees:	\$ 350.00
Lab coat / uniforms	145.00
HMT 101 supplies	150.00
Program Fees	100.00
Transportation (sites/events)	250.00
Attendance at meetings	100.00
ADA Student membership	50.00
Medical/physical check-up	100.00
Immunizations	125.00
Background check	55.00
Books, papers, supplies	1,500.00
Food (conferences/trips)	200.00
Miscellaneous	<u>250.00</u>
Total	\$3,375.00

## **MUST READ: IMPORTANT FINANCIAL AID INFORMATION**

Attention Current and Prospective Dietetic (DIT) Students:

As you are working towards your goal of completing a degree/certificate in the Dietetics program, I want to share two **critical updates** with you to help you maintain a successful pathway at Sinclair.

- As Sinclair prepares to transition to Semesters in Fall of 2012, it is critical for you to be working with an Academic Advisor. An Academic Advisor can help you to establish and/or review your MAP – My Academic Plan – to keep you on the right pathway within your program. If you do not already have a MAP, please contact Academic Advising immediately.
- Maintain your Financial Aid. Effective Summer Quarter 2011, new policies were implemented as a requirement of the Department of Education. If you qualify for financial aid, to ensure that you maintain your financial aid status, it is important that you:
  - Maintain a 2.0 cumulative GPA;
  - Successfully complete and maintain a cumulative completion rate of 67% or more of the credit hours that you attempt at Sinclair. For example: if a student has attempted 100 credit hours at Sinclair, the student must successfully complete 67 credit hours in order to meet the completion rate requirement.
  - You must complete your program of study within 150% of the published length of the program as measured by credit hours attempted. For example: a degree in Dietetics takes 73 semester hours to complete; therefore, you will only receive a maximum of 109 hours worth of financial aid.

We want to help you maintain your success and ensure that you are on a pathway to completion. The three most important things that you can do as a student are:

1. Successfully complete required coursework with a grade of C or higher
2. Only enroll in courses that apply to your program of study
3. Stay in communication with the DIT program director, ENSS chair, and academic advisors if you need assistance or are unsure whether or not you can complete your coursework.

If you have questions about meeting with an academic advisor or your financial aid, please call (937) 512-3000.

Sincerely,

Dietetic Program Director