

123 SKILLS PRACTICE CARD

NAME _____

PROCEDURE	DATE/LAB TECH	PROCEDURE	DATE/LAB TECH
Sterile Gloving		Suction/Tracheostomy	
Dry Sterile Dressing		Tracheostomy Care	
Wet to dry Dressing		Preparation of the IV	
Central Venous Dressing		Preparing Injection (vial)	
Gavage Feeding		Insulin Injection	
Blood Glucose Monitoring		Heparin Injection	
Catheterization/Female		IM Injection	
Catheterization/Male		Z-Track IM Injection	
Collecting a Specimen from a Catheter		IV Piggyback	
Foley Catheter Removal		Saline Lock	
Suction/Nasopharyngeal			

Demonstration of the above Skills:

___ Competent

___ Unsatisfactory

Nursing Lab Personnel Signature

_____ DATE

Recommendations if not Competent:

Study Guides Completed: ___ Yes ___ No