

## *NSG 121 and NSG 123*

NSG 121, Assessment, and NSG 123, Psychomotor Skills, are core courses for the Sinclair Nursing Program. The Content of these courses is utilized and built upon in both theory and clinical throughout the curriculum. Your knowledge of what is presented in these two courses is essential for providing potential for success in the Program.

Complete the following review of Assessment using the NSG 121 materials provided here. Complete the required assignments.

### **Sinclair Community College Associate Degree Nursing Program**

#### **NSG 121**

**COURSE:** Identifying Responses Through Assessment

**CREDIT:** Three (3) Credit Hours  
Class hours per week: 2  
College laboratory hours per week: 3

**PREREQUISITES:** The student will be responsible for all material previously learned in support courses. These courses include: BIO 141, PSY 119, ENG 111, COM 206, ALH 103. The student must have passed each prerequisite course with a grade of "C" or higher.

**COURSE DESCRIPTION:** Uses assessment techniques to identify normal/abnormal human responses to stressors. Applies diagnostic reasoning to assessment data to determine impact of stressors on the individual and family and the level of preventive care necessary.

#### **COURSE OBJECTIVES:**

At the completion of NSG 121, the learner will be prepared to:

1. Identify normal and abnormal human responses to stressors.
2. Utilize specific assessment techniques to collect data identifying physiological, experiential, and behavioral status of the individual and family.
3. Identify changes due to aging in assessment techniques and findings.
4. Apply diagnostic reasoning to assessment data to determine the level of impact of the stressor on the individual and the level of preventive care necessary.
5. Identify health promotion behaviors related to assessment of Response Patterns.
6. Identify common diagnostic studies used for assessment.